

Detailed Report

Activity- "Blood Donation"

Scheme- Social

Organized by- Eshan Club in collaboration with Samarpan Blood Bank (Unit of Samarpan Samiti), Agra

Donating regularly may help blood flow and result in fewer arterial blockages. In fact, some studies have shown that men who donate at least three times a year can drastically reduce their risk of having a heart attack or stroke. Donating can keep iron level balanced. Having too much iron in blood can contribute to hardening of the arteries. When you donate blood, the amount of iron in your blood is reduced. The iron will be replenished by the food you eat after donating, but regular donations can balance your iron level. Despite these personal benefits, it is a noble deed and hence its extremely necessary for making the youth encouraged towards this deed.

A "Blood Donation" camp was organized by our Eshan Club, in collaboration with Samarpan Blood Bank (Unit of Samarpan Samiti), Agra through which many units of blood was donated by both students and the staff members of our Eshan Engineering College, 53 in number. It is a way of Eshan Engineering College in bringing a ray of hope to contribute to the serious problems of acute shortage of blood. Often, India faces a blood shortage of 3 million units. The problem can be addressed if an additional two percent of Indians donate blood, as opened by the Health experts. We need 12 million units of blood every year but just about nine million units are being donated.

Our College has been religiously organizing blood donation camps every year and students and the faculty members come forward voluntarily to donate blood. While addressing to people at the camp our volunteers brought awareness in them about shortage of blood and why we must donate blood every year, to help the persons requiring blood. Blood donation can save lives of innumerable persons. Donation of blood is very critical and crucial for saving lives many patients and those who have met with accidents. It is as such a great service or contribution to the society and people living in it as mentioned by our chief patron.



